



FAQs

What should we bring?

Bring nothing and take nothing away. You may like to bring water to drink, but no toys, tools, technology or sweets.

What about bad weather?

There is no such thing as bad weather just unsuitable clothing. There will be shelter for getting warm and/or dry before heading home.

Toilets?

There will be a toilet and hand washing facilities provided by CCS.

Clothing: What to wear?

Wear comfortable clothing, not jeans as they take too long to dry if they get wet.

Wellies or stout shoes the beach can be unkind to exposed toes.

Always have waterproof trousers and jacket. They are great for keeping out the wind as well as the rain.

Layers for cold weather, thermal under layers are great. Gloves, hat, scarf and warm coat.

In hot weather you need a hat, sun cream, water and covered shoulders, as the sea reflects the sun and you can easily get sun burn or sun stroke.

If going in the water paddling shoes are advised as the floor can be stony.

A Towel and spare clothes are often handy in case you get wet.

Fire safety?

There are strict rules around fire building. When there is a fire for cooking and/or warmth the code of behaviour is always explained at the beginning of the session. There is also a separate risk assessment.